

## Back On Track Physical Therapy Aquatic Information:

	<b>Newton*</b> Boston Sports Club 135 Wells Ave <i>* Two Pools Available</i>		<b>Camb Wellbridge</b> Wellbridge Athletic Club 5 Bennett St Cambridge, MA 02138	<b>Waltham</b> Waltham Athletic Club 249 Lexington St Waltham, MA	<b>Danvers</b> Atlantis Sports Club (In the Doubletree Hilton) 50 Ferncroft Rd	<b>Camb Hyatt</b> Atlantis Sports Club (in the Hyatt Regency) 575 Memorial Dr Cambridge, MA
<b>TEMP</b>	83-84 degrees <b>Chlorine</b>	83-84 degrees <b>Chlorine</b>	85-87 degrees <b>Chlorine</b>	83-85 degrees <b>Chlorine</b>	83 degrees <b>Saline</b>	82-83 degrees <b>Saline</b>
<b>DEPTH</b>	4ft-4.5ft	6ft	4ft full length No Gradient	3.5ft-6ft	3ft-5.25ft	4 ft full length
<b>POOL ACCESS</b>	Handi-cap ramp	(2) 3 step ladders with railings	On 3 <sup>rd</sup> Floor  Must enter through hotel to get to pool without using stairs  (2) 4 step ladders	Down 2 flights of stairs or self-operated elevator with key  (1) 5 step ladder	Ramp to pool area and lockers  Steps and railing into pool Handicap lift available	Ladder and handicap lift to pool
<b>SIZE</b>	50 ft long 4 lanes	30 ft long 4 lanes	45ft long 3 lanes wide	54ft long 4 lanes wide	50ft long 4 lanes wide	75ft long
<b>MISC</b>	Full complement of locker room, showers, and towels  NO LOCKS PROVIDED		Full complement of locker room, showers, and towels  Locks available, see Wellbridge front desk	Full complement of locker room and showers  NO TOWEL OR LOCKS	Full complement of locker room, showers, and towels  NO LOCKS PROVIDED	Full complement of locker room, showers, towels Shower rooms same level as pool LOCKS PROVIDED
<b>PARKING</b>	Plenty of free parking		a) Parking in Charles hotel –validated stamp from Wellbridge (approx \$8). b) 2 hour free parking on Mt. Auburn c) Metered parking around hotel	Plenty of free parking	Plenty of free parking	<b>Free Parking</b> with validation from Atlantis Sports Club