

Back On Track Physical Therapy Aquatic Information:

	Newton* Boston Sports Club 135 Wells Ave <i>* Two Pools Available</i>		Camb Wellbridge Wellbridge Athletic Club (In the Charles Hotel) 5 Bennett St Cambridge, MA 02138	Waltham Waltham Athletic Club 249 Lexington St Waltham, MA	Danvers Atlantis Sports Club (In the Doubletree Hilton) 50 Ferncroft Rd	Camb Hyatt Atlantis Sports Club (in the Hyatt Regency) 575 Memorial Dr Cambridge, MA	Bedford (in the Doubletree Hilton) 44 Middlesex Turnpike Bedford, MA
Temp	86 degrees	86 degrees	85-87 degrees Chlorine	83-85 degrees Chlorine	86 degrees Chlorine	82-83 degrees Saline	85-87 degrees Chlorine
Depth	4ft-4.5ft	6ft	4ft full length No Gradient	3.5ft-6ft	3ft-5.25ft	4 ft full length	3'6ft – 7ft
Pool Access	Handi-cap ramp	(2) 3 step ladders with railings	On 3 rd Floor Must enter through hotel to get to pool without using stairs (2) 4 step ladders	Down 2 flights of stairs or self-operated elevator with key (1) 5 step ladder	Ramp to pool area and lockers Steps and railing into pool Handicap lift available	Ladder and handicap lift to pool	Steps and railing into pool Handicap lift available
Size	50 ft long 4 lanes	30 ft long 4 lanes	45ft long 3 lanes wide	54ft long 4 lanes wide	50ft long 4 lanes wide	75ft long	
misc	Full compliment of locker room, showers, and towels NO LOCKS PROVIDED		Full compliment of locker room, showers, and towels Locks available, see Wellbridge front desk	Full compliment of locker room and showers NO TOWEL OR LOCKS	Full compliment of locker room, showers, and towels NO LOCKS PROVIDED	Full compliment of locker room, showers, towels Shower rooms same level as pool NO LOCKS PROVIDED	Full compliment of locker room, showers, towels Shower rooms same level as pool COMBO LOCKS
Parking	Plenty of free parking		a) Parking in Charles hotel –validated stamp from Wellbridge (approx \$8). b) 2 hour free parking on Mt. Auburn c) Metered parking around hotel	Plenty of free parking	Plenty of free parking	Free Parking with validation from Atlantis Sports Club	Plenty of free parking