

## Back On Track Physical Therapy Aquatic Information:

	<b>Newton*</b> Boston Sports Club 135 Wells Ave <i>* Two Pools Available</i>		<b>Camb Wellbridge</b> Wellbridge Athletic Club (In the Charles Hotel) 5 Bennett St Cambridge, MA 02138	<b>Waltham</b> Waltham Athletic Club 249 Lexington St Waltham, MA	<b>Danvers</b> Atlantis Sports Club (In the Doubletree Hilton) 50 Ferncroft Rd	<b>Camb Hyatt</b> Atlantis Sports Club (in the Hyatt Regency) 575 Memorial Dr Cambridge, MA	<b>Bedford</b> (in the Doubletree Hilton) 44 Middlesex Turnpike Bedford, MA
<b>Temp</b>	86 degrees	86 degrees	85-87 degrees Chlorine	83-85 degrees Chlorine	86 degrees Chlorine	82-83 degrees Saline	85-87 degrees Chlorine
<b>Depth</b>	4ft-4.5ft	6ft	4ft full length No Gradient	3.5ft-6ft	3ft-5.25ft	4 ft full length	3'6ft – 7ft
<b>Pool Access</b>	Handicap ramp	(2) 3 step ladders with railings	On 3 <sup>rd</sup> Floor Must enter through hotel to get to pool without using stairs (2) 4 step ladders	Down 2 flights of stairs or self-operated elevator with key (1) 5 step ladder	Ramp to pool area and lockers Steps and railing into pool Handicap lift available	Ladder and handicap lift to pool	Steps and railing into pool Handicap lift available
<b>Size</b>	50 ft long 4 lanes	30 ft long 4 lanes	45ft long 3 lanes wide	54ft long 4 lanes wide	50ft long 4 lanes wide	75ft long	
<b>misc</b>	Full compliment of locker room, showers, and towels NO LOCKS PROVIDED	Full compliment of locker room, showers, and towels Locks available, see Wellbridge front desk a) Parking in Charles hotel –validated stamp from Wellbridge (approx \$8). b) 2 hour free parking on Mt. Auburn c) Metered parking around hotel	Full compliment of locker room, showers NO TOWEL OR LOCKS	Full compliment of locker room, showers, and towels NO LOCKS PROVIDED	Full compliment of locker room, showers, and towels NO LOCKS PROVIDED	Full compliment of locker room, showers, towels Shower rooms same level as pool NO LOCKS PROVIDED	Full compliment of locker room, showers, towels Shower rooms same level as pool COMBO LOCKS
<b>Parking</b>	Plenty of free parking		Plenty of free parking	Plenty of free parking	Plenty of free parking	<b>Free Parking</b> with validation from Atlantis Sports Club	Plenty of free parking