

### New Patient Information

**Patient Name** \_\_\_\_\_ **Date of Birth** \_\_\_/\_\_\_/\_\_\_ **SS#** \_\_\_\_\_  
**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **Zip** \_\_\_\_\_  
**Best phone# to reach you** \_\_\_\_\_ **Secondary#** \_\_\_\_\_  
**Email address** \_\_\_\_\_  
**Gender** M \_\_\_\_\_ F \_\_\_\_\_  
**If you are a minor, please print guardian's name** \_\_\_\_\_

**Health Insurance Co.** \_\_\_\_\_  
**Policy ID#** \_\_\_\_\_ **Group ID#** \_\_\_\_\_  
**Primary Card Holder (if not self)** \_\_\_\_\_ **DOB (if not self)** \_\_\_\_\_  
**Your relationship to primary card holder (if not self)** \_\_\_\_\_

**Referring Physician** \_\_\_\_\_ **Phone** \_\_\_\_\_  
**Primary Care Physician** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Have you had physical therapy at any other facilities this year?** NO YES If yes, how many visits? \_\_\_\_\_  
**Have you treated for this condition before?** NO YES If yes, when? \_\_\_\_\_

**Medical History – please check any that apply and indicate past or present.**

High Blood Pressure	Surgery
Heart Attack	Trauma
Angina/Chest Pain/Palpitations	Fractures
Heart Disease	History of Abuse
Stroke	Arthritis
Diabetes	Osteoporosis
Cancer or Tumors	Orthopedic Injuries (specify)
Respiratory or Lung Conditions	Kidney or Liver Disease
Shortness of Breath	Smoking
Asthma	Drug or Alcohol Dependence
Allergies	Anxiety
Tuberculosis	Depression
Hepatitis	Pain at Night
HIV/Aids	Incontinence
Seizures/Epilepsy	Recent weight loss/gain
Chronic Headaches/Migraines	Coordination Problems/Balance/Falls
Phlebitis/Thrombosis	Head Injury
Skin Diseases (specify)	Hospitalizations
Contagious Disease (specify)	List medications:
Pregnancy	Cesarean Y N

Making Life Better... One Patient At A Time

Bedford Brookline Cambridge Danvers Newton Waltham

Ph: 1-877-GET-BACK Fax: 617-730-5461

Patient Name \_\_\_\_\_  
**Patient Intake Questionnaire**

**Please describe your current complaint and functional limitations**

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When did your problem begin? \_\_\_\_\_

How did your problem begin? \_\_\_\_\_

Have you had recent surgery? NO YES If yes, when? \_\_\_\_\_

Please describe the nature of your pain

Sharp pain _____	Constant (76-100%) _____	Indicate the intensity of your pain at rest: No pain 1 2 3 4 5 6 7 8 9 10 Unbearable pain
Dull Pain/Ache _____	Frequent (51-75%) _____	
Throbbing _____	Occasional (26-50%) _____	Indicate the intensity with movement: No pain 1 2 3 4 5 6 7 8 9 10 Unbearable pain
Numbness _____	Intermittent (25% or less) _____	
Shooting _____	Other _____	
Burning _____		
Tingling _____		

Have your symptoms been Increasing \_\_\_, Decreasing \_\_\_ or Not Changing \_\_\_\_\_

When are your symptoms worse? Morning \_\_\_ Afternoon \_\_\_ Night \_\_\_ As the Day Goes On \_\_\_ Same All Day \_\_\_\_\_

What makes your problem better? \_\_\_\_\_

What makes your problem worse? \_\_\_\_\_

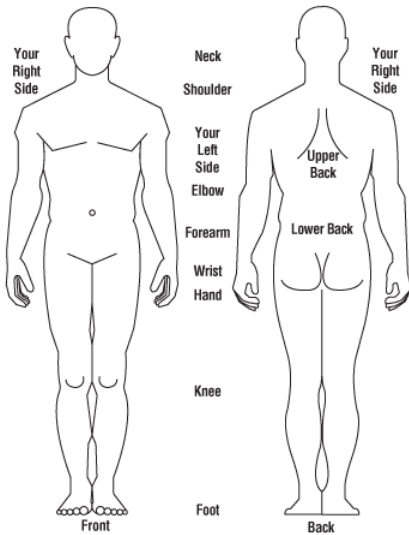
Have you ever been treated for this problem before? NO YES

Are you now being treated, or have you seen anyone for this condition? NO YES If yes, Who? \_\_\_\_\_

What has helped? \_\_\_\_\_

Your occupation \_\_\_\_\_ Has your work status changed because of this condition? NO YES

Please use the Symptom Key to indicate the areas where you have pain or other symptoms:



Are there any activities that you normally perform that are limited due to this condition? NO YES  
 If yes, please describe \_\_\_\_\_  
 \_\_\_\_\_

**Patient Name** \_\_\_\_\_

Aside from your prescribed condition, do you have any other symptoms that you would like to discuss? NO YES  
If yes, what? \_\_\_\_\_

Would you like assistance with weight loss or building a daily exercise routine? NO YES

Some additional services may be covered by your insurance company. Others may require out-of-pocket costs that are not covered by your insurance. Feel free to discuss this with your therapist or with our administrative staff. We offer full-service physical therapy and wellness to better your future.

**Patient Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Back On Track Physical Therapy, P.C.**  
**Notice of Privacy Rights and Practices Patient Acknowledgement**

We are required by the federal law known as “the Health Insurance Portability and Accountability Act” (HIPAA) as well as by Massachusetts’ law to maintain the privacy of your medical and health information, also referred to as “Protected Health Information” (PHI).

Our Notice of Privacy Rights and Practices describes how information about you may be used and disclosed and how you can obtain access to this information. Please review it carefully. When we use or disclose your Protected Health Information, we are required to abide by the terms of the Notice (or any other notice in effect at the time of the use or disclosure).

You have the right to request in writing that we restrict how Protected Health Information about you is used or disclosed. We are not required to agree to this restriction, but if we do, you will receive written confirmation of our agreement to which we will be bound.

Your signature below constitutes your acknowledgment that you have been offered the opportunity to read a copy of our Notice of Privacy Rights and Practices, and your consent under Massachusetts’ law to the kinds of uses and disclosures of Protected Health Information mentioned in our notice.

Patient’s Signature \_\_\_\_\_ Date \_\_\_\_\_

Or

Personal Representative \_\_\_\_\_ Relationship to Patient \_\_\_\_\_



Patient Name \_\_\_\_\_

## Billing Policy

Back On Track will check insurance eligibility and benefits prior to your evaluation.

This includes:

- Your physical therapy benefit for the calendar year or your plan year
- The need for referrals, pre-authorization or continued authorization for the duration of your treatment
- Patient financial responsibility - including copays, deductibles, coinsurances & optional supplies

**\*\*IF YOUR PLAN REQUIRES A REFERRAL, you should call your PCP's office and request one.**

**\*\*\*Though we check this information, we recommend that YOU also verify it by calling the member services number on your insurance card. The information given to us is subject to human error and Back On Track will not be held responsible if we are given misinformation. This does not verify coverage or guarantee payment. All unpaid services are the patient's responsibility.**

**Initial** \_\_\_\_\_

### Patient Financial Responsibility

If you have a deductible or a coinsurance attached to your plan (this includes Medicare patients) and no secondary payer, your balance will be assessed once your charges are processed and we receive an explanation of benefits. These benefits may change if your plan changes. Any balances owed are patient responsibility.

- Copays are due AT THE TIME OF SERVICE. Back on Track does not invoice copays.
- Supplies and exercise equipment are not subject to billing. Payment is due upon delivery of supplies or equipment.

**Initial** \_\_\_\_\_

**\*\*\*Any monies collected at the office, via mail or phone payments will be applied to your oldest balance due - which may include copays, deductibles, coinsurances, cancel/no-show fees.**

**Initial** \_\_\_\_\_

### Cancellations and No-Shows

Your time, as well as the time of our therapists, is important to us. In order to support prescribed treatment plans for our patients, Back On Track requires at least one-day's notice for cancellations so that we may call patients who may have had difficulty booking in advance. We understand that unforeseen circumstances may arise, and therefore, we allow 3 same-day cancellations or no-shows at no charge before we implement a \$25 fee for each 30 minutes of treatment missed. Patients with Mass Health plans will be subject to same-day scheduling only if late cancels and no-shows are chronic.

**Initial** \_\_\_\_\_

### Consent to Treat

I voluntarily authorize Back On Track Physical Therapy to perform outpatient diagnostic evaluation(s) and/or procedure(s) and to administer such outpatient therapy as is necessary. I understand that outpatient therapy is not an exact science and no guarantee has been made as to the result and any treatment of care administered.

**Initial** \_\_\_\_\_

### Authorization to Release Information

I authorize Back On Track Physical Therapy to release information relative to any therapy administered to any third party payer(s) financially responsible for these services or to my referring or primary physician or therapist.

**Initial** \_\_\_\_\_